

Pediatric Urology of Western New York, P.C.

219 Bryant St. Buffalo, NY 14222

Phone: (716) 878-7393

Fax: (716) 878-7096

www.pediatricurologyofwny.com

Penile Adhesions

Penile adhesions, or re-attachment of the post-circumcised skin, can occur if the remaining skin is not retracted after the circumcision has healed. Usually adhesions can be released by simple retraction of the skin. However, sometimes the re-attachment is so complete that a simple retraction, or lysis, will not work and surgical intervention is needed. Penile adhesions can become problematic when smegma or bacteria collect under the adhesion and cause infection. The lysis of these penile adhesions is an outpatient procedure done at the Women and Children's Hospital of Buffalo.

You will be receiving a packet in the mail asking you to call and confirm your son's date and time for surgery. During that phone call, you will receive instructions on when to arrive at the hospital, when to have your child stop eating and when to have them stop drinking.

Please note: Do **NOT feed** your child solids **after midnight** the night BEFORE surgery. When you confirm your surgery, you will be told what time your child needs to stop drinking clear liquids (ie: pedialyte, apple juice, white grape juice, or water for older children)

The day of the procedure:

Please arrive promptly at admissions to check in. Please **make sure your child followed the food and drink restrictions** given to you during your confirmation phone call.

Your son will go to the operating room with Dr. Greenfield or Dr. Williot and have general anesthesia for the procedure. This operation takes approximately 1 hour. You will be given a pager to notify you when the surgery is done. While your child is in surgery, you can wait in the 2nd floor Surgical waiting room. After the surgery, your son will be in the recovery room for about an hour. The doctor will speak with you after the surgery, prior to leaving the recovery room. Your son will then go to a day surgical (T9) hospital room until he fully wakes up and drinks well. You will be discharged later the same day.

What to expect:

The area will be red and swollen for the first 24 hours. Each day after, the site will look better, as it is healing.

For several days, a slight amount of bleeding may be noted with each diaper change. If your child has excessive bleeding, apply pressure to the site with a clean cloth or gauze for 2-3 minutes. If the bleeding does not resolve after 2-3 minutes, please call our office immediately. (716) 878-7393

You will notice a ring of stitches on the penis, these will dissolve on their own within one month.

There will be some swelling and bruising around the penis. This will fade away slowly over the next few weeks.

After Surgery

Care: **Neosporin to the suture line, 2 times per day for 7 days.**

If there is no dressing, start Neosporin right away.

If there is a plastic dressing, it will fall off on its own. If it is not off after 2 days, please remove it after soaking in the tub. When dressing is off, start Neosporin.

Pain Medication: Tylenol or Motrin can be given for pain. You may receive a prescription for a stronger pain medication for the first 24 hours after surgery, if it is needed.

Bathing:

If there is no plastic dressing: Sponge bath for 1 week then regular baths or showers.

If there is a plastic dressing: Ok to take baths or showers the day after surgery.

Eating: Ok to return to their regular diet.

Activity: Quiet activities, may resume full activities in 1 week.

School: May return to school in 2-5 days, depending on how your son feels.

When to call: (716) 878-7393

Do not hesitate to contact us if you have questions regarding your son's condition or medications.

Please call us immediately if your son has excessive bleeding.

Follow up appointments: Your son will need to be seen 2 weeks after his surgery. Please call our office the next business day after surgery to schedule this appointment. (716) 878-7393

Return to School/Work Note

Date of surgery: _____

Please excuse _____ from school for 2-5 days after the above surgery date. He has had surgery and will also need to be excused from gym for 7 days after the above surgery date.

Thank you.

Dr. Greenfield/Dr. Williot

Pediatric Urology of WNY (716) 878-7393

CUPID: Center for Urology and Pediatric Incontinence Disorders

Saul P. Greenfield, MD
Pediatric Urologist

Pierre Williot, MD
Pediatric Urologist

Allyson Fried, CPNP
Pediatric Nurse Practitioner

Sabrina Meyer, CPNP
Pediatric Nurse Practitioner

Lynn Meranto
Registered Nurse