

Eastover Clinical Staff

Addictions Treatment

George Hall, M.D., F.A.A.F.P. Medical Director
Steve Hanna, LPC, LCAS Clinical Director
Kristin Dickie MA, LCAS, LPCA Counselor

Psychiatrists

Richard Gellar, M.D.
John Humphrey, M.D.
Ethan Musgrave, M.D.
Marcus Pelucio, M.D.
Brad Reddick, M.D.
Cynthia Shahan, M.D.
Steven Sutherland, M.D.
J. W. Scott Wallace, M.D.

Psychiatric Nurse Practitioner

Valerie Glass, P.M.H.N.P., B.C.

Psychologists

Nicole Cantley, Ph.D.
Teresa Helms, Psy.D.
David Henshaw, Ph.D.
Erin K. Taylor, Ph.D.

Counselors

Sarah Bond, M.S.W., L.C.S.W.
Jennifer Coleman, L.P.C., N.C.C.
Karen Humphrey, M.S.W., L.C.S.W.
Susan I. Hunt, M.S.W., L.C.S.W.
David Massey, M.S.W., L.C.S.W.
Baiba Ribakove, M.S.W., L.C.S.W.



EASTOVER AWAKENINGS



Comprehensive Services for Co-Occurring Disorders

Eastover Psychological & Psychiatric Group

3303 Latrobe Drive Charlotte, NC 28211

Phone: (704) 945-2210

Fax: (704) 362-2836

www.eastoverpsych.com



Co-Occurring Disorder Philosophy

Co-occurring or dual disorders are complex, chronic, progressive, relapse prone and treatable disease processes.

Typically, one develops as a result of the other. Self-medicating a psychiatric disorder progresses from psychological to physical dependence and then addiction. Chronic substance use leads to changes in brain chemistry that may trigger a psychiatric illness.

Treatment Philosophy

Regardless of which develops first or which presents the biggest problem, no lasting change will occur until both are acknowledged, stabilized, treated and managed over time. This involves a commitment to three things:

1. Abstinence from all mood altering drugs
2. Proper treatment of psychiatric and medical illnesses.
3. A daily program of recovery involving the twelve steps and the help of others.

Our Services

WE OFFER A VARIETY OF SERVICES
FOR BOTH THE INDIVIDUAL AND
THEIR FAMILIES

Comprehensive Psychiatric Assessments

Comprehensive Substance Use Assessments

Psychological Testing

Individual Counseling

Intensive Outpatient Treatment Program

Group Counseling

Marriage and Family Counseling

Medication Management

Urine Drug Screening

Interventions

Continuing Care Groups

Dual Recovery Anonymous Meetings

Treatment Program

Eastover Awakenings offers both day and nighttime intensive outpatient programs. To provide flexibility, participants may enroll in one or a combination of both programs.

Program Schedules

Daytime: Monday, Wednesday, Friday

12 pm – 3 pm

Evenings: Monday, Tuesday, Thursday

6 pm – 9 pm

Treatment Components

Early Recovery Skills Group, Family Education Group, Relapse Prevention Group, Individual Counseling, Family Counseling, Medication Management, Dual Recovery Anonymous Education Group.