

GASTROENTEROLOGY OF SAN MARCOS - NEW BRAUNFELS LULING

Diplomate of the American Board of Internal Medicine
and Subspecialty Board of Gastroenterology

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COLONOSCOPY

You have been scheduled for a colonoscopy on _____ at _____.

PLEASE ARRIVE AT THE APPROPRIATE FACILITY BY: _____.

There are several medicines that may cause problems with this exam. Please let us know immediately if you are taking the following:

1. Avoid any Aspirin product 5 days prior to exam: Aspirin, Excedrin, Ecotrin, Ibuprofen, Nupren, Motrin, Advil. Naproxen: (Aleve) Ketoprofen: (Orudis). Vioxx, Celebrex, Mobic, Bextra or any other arthritic medicines.
2. You may take Acetaminophen or Tylenol, which is safe.
3. Avoid Ginkgo Biloba 10 days before the exam.
4. Coumadin, Plavix, Aggrenox, iron pills, and diabetic medicines or insulin require special instructions on when to stop.
5. On the day of the exam no diuretics should be taken. These include: Lasix, Aldactone, Hydrochlorothiazide, Dyazide, Furosemide, and etc..

Otherwise your regular medicines may be taken. If you are female, please let us know if there is any chance you could be pregnant.

THE DAY BEFORE YOUR PROCEDURE: _____

Drink full liquids including milk products (pudding, nut free ice-cream or cream soups) for breakfast only, then drink only clear liquids the rest of the day. You may have juices (apple, cranberry, white grape juice, and the light colored gatorade), broth, jello, old fashioned popsicles, coffee, tea, soda, and Ginger Ale. Red jello or juice might give you a red looking colon, so try to avoid them. **NO SOLID FOOD, NO ALCOHOLIC BEVERAGES, DRINK LOTS OF FLUIDS. THE CLEANER YOUR COLON THE BETTER THE EXAM.**

At 6:00 pm mix 1-1/2 oz FLEET PHOSPHO-SODA ORAL LAXATIVE (NOT THE ENEMA) with one 8oz glass of Ginger Ale or juice. Then drink 5 more 8oz glasses of water or juice. When the diarrhea starts you need to drink lots of clear liquids.

On _____ at _____ mix 1-1/2oz FLEET PHOSPHO-SODA ORAL LAXATIVE (NOT THE ENEMA) with Ginger Ale or juice. You need to drink 3-4 glasses of water after this.

DO NOT EAT OR DRINK ANYTHING AFTER: _____.

Purchase either two 1 1/2 oz or one 3oz bottle of laxative at your store or pharmacy.....Be sure you drink it all.

SOME ONE MUST BE WITH YOU TO DRIVE YOU HOME! YOU CAN NOT DRIVE ALL DAY AFTER THE PROCEDURE. PLEASE DO NOT BRING CHILDREN WITH YOU!

Please call the appropriate number below 1-2 days before the procedure to complete the pre-admission paperwork:

1. Central Texas Medical Center Admission Office (512-753-3559)
2. Central Texas Ambulatory Endoscopy Center (Rm 105) (no pre-registration needed)
3. McKenna Ambulatory Surgical Center(830-606-1329)
4. Edgar B. Davis Hospital Admission Office (830-875-7000)

Here's How to Dose the DILUTION SOLUTION™

Diluting Fleet® Phospho-soda® with Ginger Ale, Lemon/Lime soft drinks or Apple Juice dramatically improves the taste. *2-1.5oz bottles or*

For each of the two doses: *1-3oz bottle*

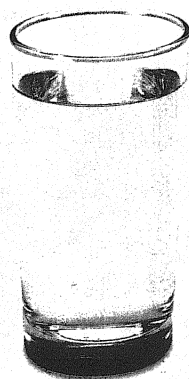


Have your patients mix 15 mL (1Tbsp) of Fleet® Phospho-soda® with 8 oz. of the clear, chilled beverage of their choice and then drink.

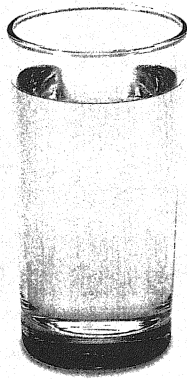


Repeat twice more within 20 minutes.

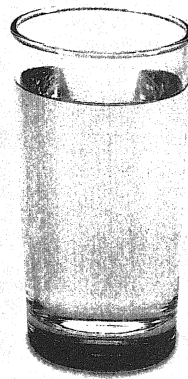
First dose



Start
1/2 fl.oz. Phospho-soda
8 fl. oz. Ginger Ale



10 min.
1/2 fl.oz. Phospho-soda
8 fl. oz. Ginger Ale



20 min.
1/2 fl.oz. Phospho-soda
8 fl. oz. Ginger Ale

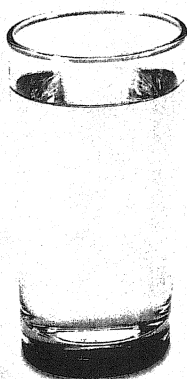


Time: 20 Min.
1 1/2 fl.oz. Phospho-soda
24 fl. oz. Ginger Ale

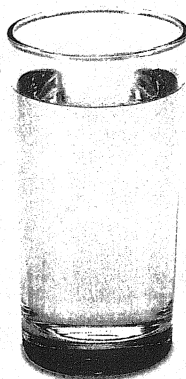
Date:

Time

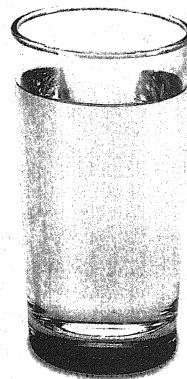
The Second dose is the same



Start
1/2 fl.oz. Phospho-soda
8 fl. oz. Ginger Ale



10 min.
1/2 fl.oz. Phospho-soda
8 fl. oz. Ginger Ale



20 min.
1/2 fl.oz. Phospho-soda
8 fl. oz. Ginger Ale



Time: 20 Min.
1 1/2 fl.oz. Phospho-soda
24 fl. oz. Ginger Ale

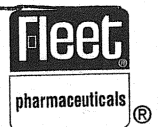
Date:

Time:

Nothing to Drink after

Fleet® Phospho-soda® DILUTION SOLUTION™ *The Easy Prep*

For information or product samples, Call: 1-888-999-9711, ext: 8262.
* Data on file at C. B. Fleet Co., Inc.



PROFESSIONAL USE WARNINGS: Do not use in patients with congenital megacolon, bowel obstructions, ascites or congestive heart failure. Use with caution in patients with impaired renal function, pre-existing electrolyte imbalances or with debilitated patients, as hypocalcemia, hypokalemia, hyperphosphatemia, hypernatremia and acidosis may occur. Calcium and phosphorus levels should be monitored. Serious side effects may occur from excess dosage. See PHYSICIANS' DESK REFERENCE® for complete prescribing information.