

## WHAT TO EXPECT POST-PDT INSTRUCTIONS

1. Keep moisturized with Aquaphor Ointment, Vaseline or Cerave Cream...coupons provided. **PLEASE MAKE SURE YOU HAVE ON HAND FOR POST-PDT MANAGEMENT.**
2. If you have a severe reaction, we can call in a topical steroid, such as Topicort/Triamcinolone/Elocon Ointment.
3. Avoid sun and bright light x2 days. Wear a wide-brimmed hat. **PLEASE BRING YOUR HAT WITH YOU TO YOUR VISIT.**
4. Always put sunscreen on top of moisturizers. (Eucerin Everyday Protection, Neutrogena Pure & Free Lotion)
5. Call office in 2-4 days to report in, sooner if needed.
6. From a BILLING standpoint, you may be responsible for your co-pay and/or deductible if it has NOT been met, just as you would any other medically necessary procedure.